



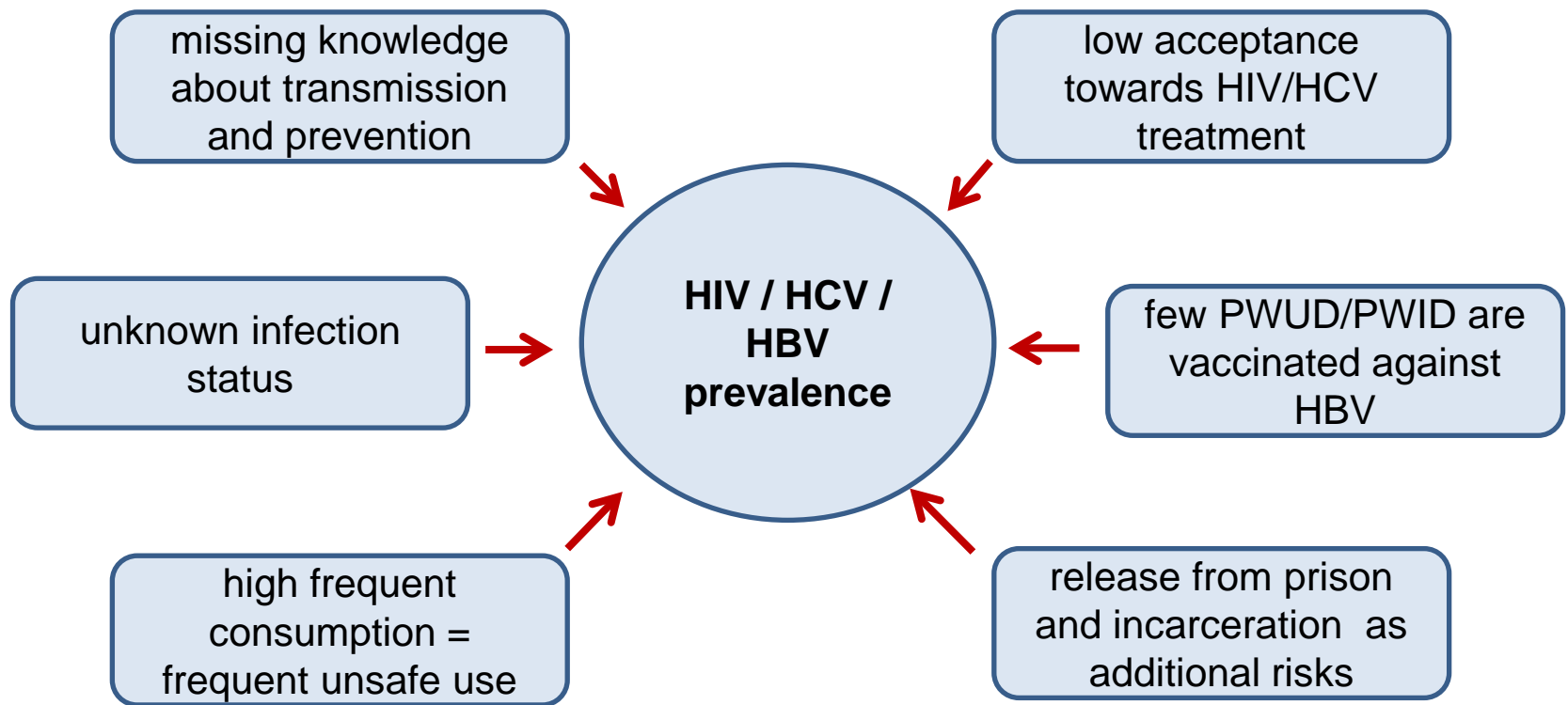
HCV prevention strategies and treatment: lessons learnt

Integrative Drogenhilfe e.V., Frankfurt - Germany

idh...

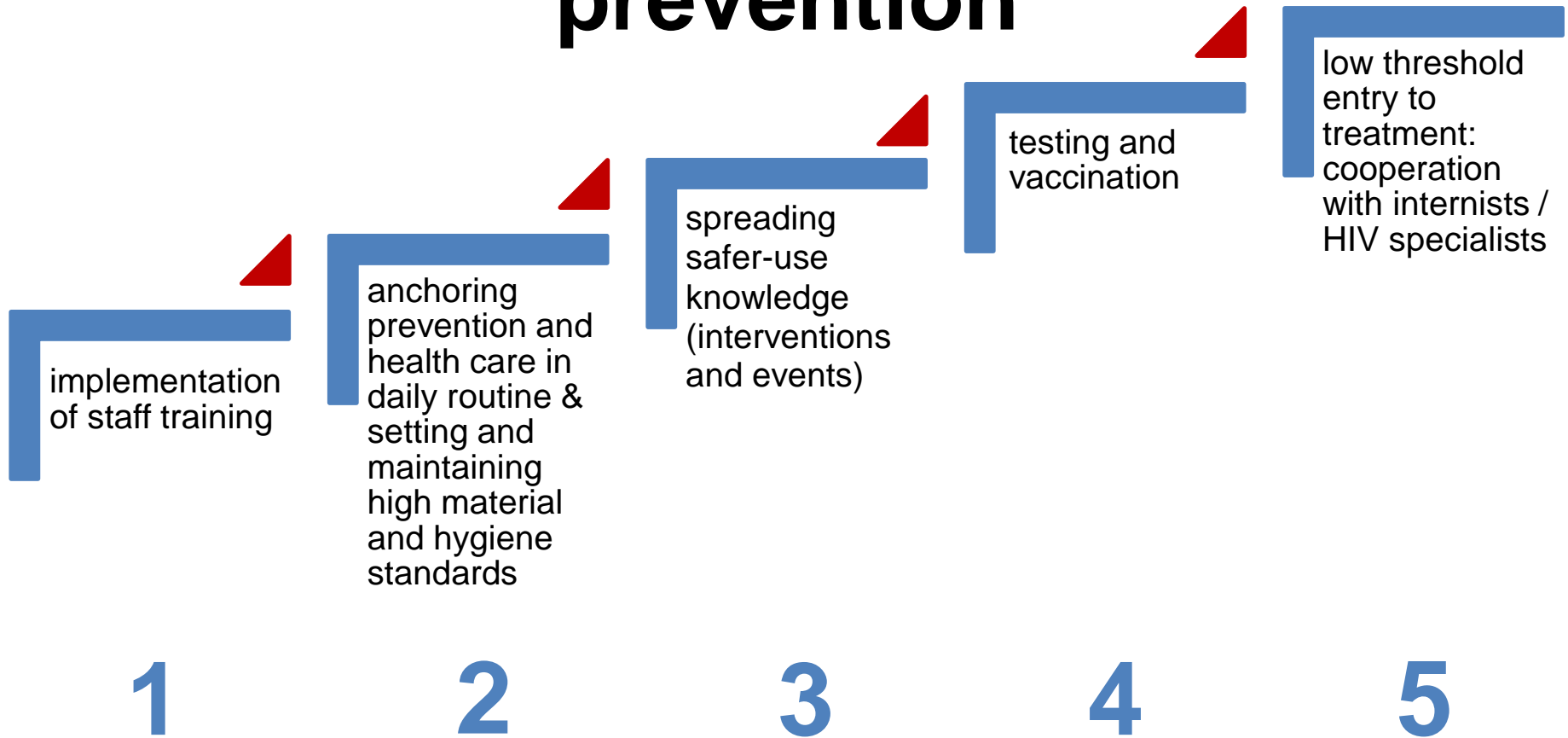
- ...was founded as registered association in 1986
- ...runs 8 low-threshold facilities in Frankfurt/Main
- ...has 180 employees
- ...provides services for ca. 5.500 clients a year
- ...needs 8 Mio. € per year (social and youth welfare office, City of Frankfurt, State of Hessian, European Social Fund, pension insurance organisations, Jobcenter, donations, own resources and penalties)

Results of DRUCK-Studie in Frankfurt in 2015





Project team on Hepatitis and HIV-prevention

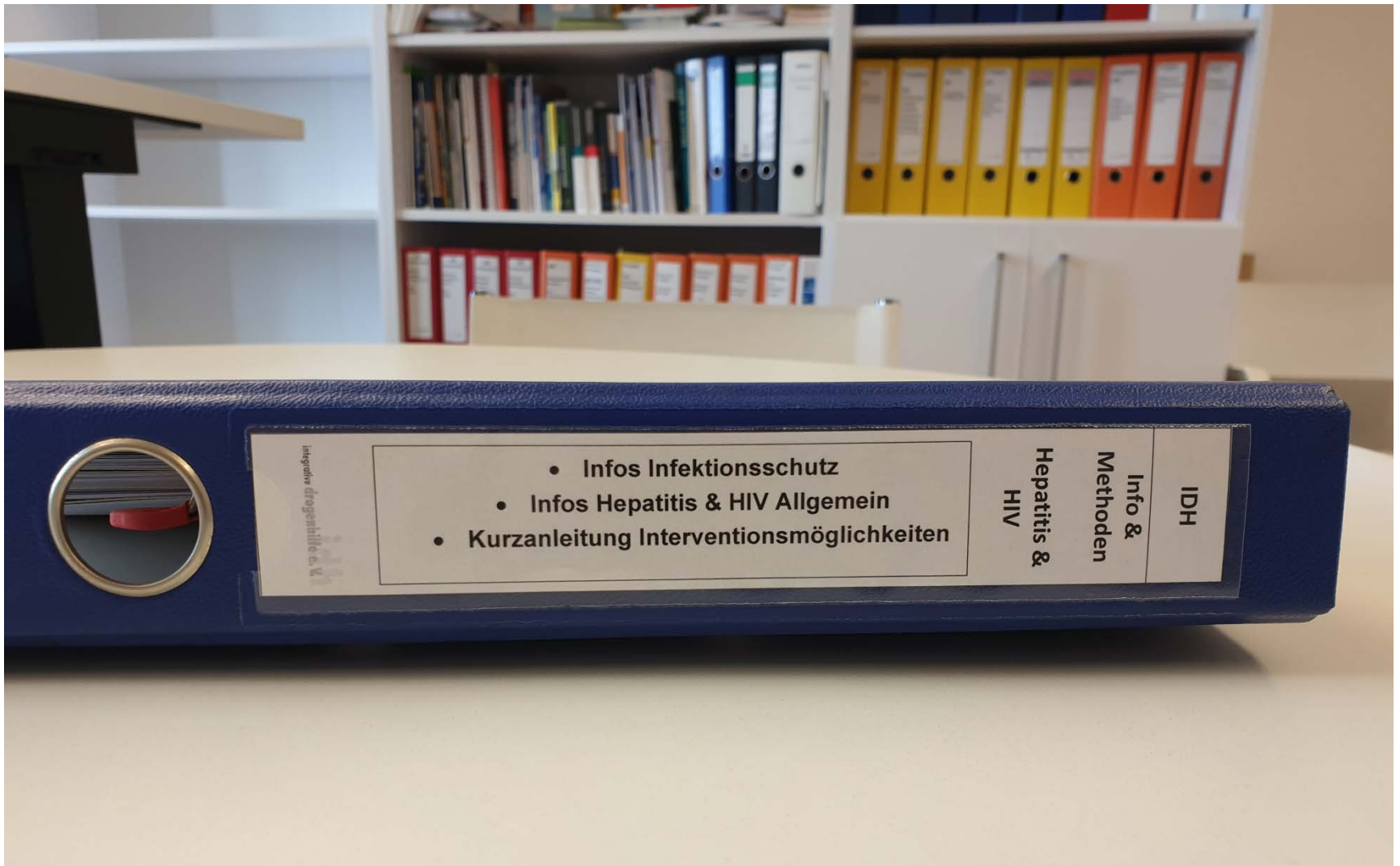


Step 1: Staff training & changing daily routine

Training Curriculum was developed

Contents

- Theory: epidemiology, transmission, testing and treatment
- Exchange of 1. Good practices in prevention and 2. How to get clients sensitised for the subject
- Hands-on exercises: hand hygiene and other interventions



Step 2: Changing conditions and setting standards

Prevention

1. Analysing risks in advance before taking action
2. Increasing the standards of prevention (e.g. Hand hygiene, Hygiene plans)
3. Checking the quality of equipment/ facilities
4. Developing guidelines and short interventions
5. Adapting work routine to new standards







Step 3: Changing behaviour: spreading safer use knowledge

HIV/Hepatitis-Prevention is part of

- Assessment with (new) clients
- Safer use education and interventions
- Motivational counselling and support (testing/vaccination/treatment)
- Leaflets and brochures
- short interventions and annual Hepatitis week

Ab Montag, den 13. März gibt es eine neue Regel hier im Konsumraum:

Vor dem Konsum müssen die Hände gewaschen werden.

Warum?

Um ganz sicher zu gehen, dass ihr euch beim Konsum nicht mit Hepatitis und HIV infiziert. Denn in frischem aber auch getrocknetem Blut sind aktive Viren, für eine Übertragung reicht eine für das Auge nicht sichtbare Menge Blut aus.

1. Anmelden
2. Hände desinfizieren
3. **Im Konsumraum die Hände gründlich waschen**
4. Die MitarbeiterInnen geben dir dann das Schälchen mit den Utensilien
5. Konsum
6. Platz saubermachen, Hände waschen oder desinfizieren

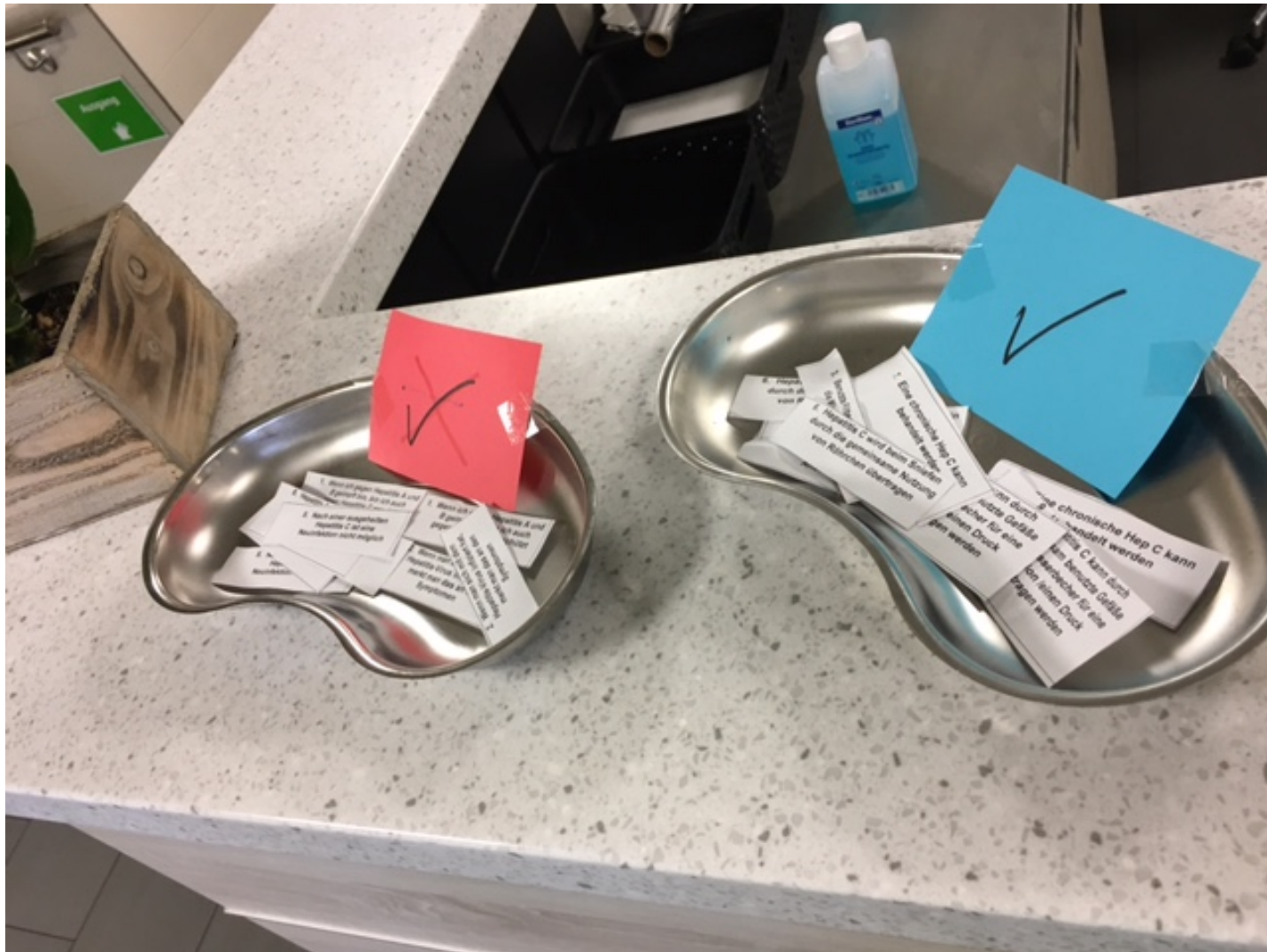








#LxAddictions19 – Gabi Becker, Christina Rolle - 23th October 19



Step 4: Testing and Vaccination

- Employees are informed about testing and vaccination and spread the information
- Cooperation with Malteser Werke for testing and vaccination
- Regular Vaccination campaign at Bahnhofsviertel Frankfurt
 - intake: weekly office hours – every Friday from 1-3 pm
 - no health insurance doesn't lead to exclusion

Staff are also regularly tested for HBV / HCV / HIV and can receive vaccinations for hepatitis A and B

Step 5: Low-threshold entry to treatment

- employees are informed about treatment and spread the information
- cooperation with internist and infectiology specialists to ensure low-threshold entry to treatment
- clients with no health insurance are referred to special services



Good practice HCV prevention at DCR Niddastrasse

Organisational measures	Training and intervention measures
wash-bowls were installed before the entrance of the consumption rooms	all clients have to wash their hands before entering the consumption room and again leaving the room (!!!)
sufficient consumption equipment for consuming illicit drugs in the DCR is offered for free	vaccination and infection state are regularly assessed by social workers
free needle- and syringe-exchange for external drug use	continuous and case-by-case Safer use/Safer sex counselling
proper disposal of used equipment	clients are connected to external infection disease specialists and internal specialists for vaccination, testing, treatment
professional disinfection of consumption room, handrails, restrooms etc. at several times of a shift	displays and leaflets with relevant information on HCV prevention
	annual Hepatitis week

Requirements for Hepatitis prevention in DCRs

- **funding**
- **structural measures:** wash-bowls, displays with hygiene instructions for clients and professionals, enough safe injection equipment (needles, syringes, swabs, ascorbic acid and patches), additional injection equipment (water, filters, spoons) and hygiene products (surface disinfectants, safe disposal boxes for used needles), syringe vending machines outside of DCR in the city
- **continuous HR-interventions with clients** (HCV transmission, testing, treatment, using Motivational Interviewing)



Requirements for Hepatitis prevention in DCRs



credits: idh e.v.

- **in-house or external cooperation with internal/infectious diseases specialists and addiction medicine** which provide HCV/HBV testing, HCV treatment and HBV vaccination for PWUD
- **funding of HCV/HBV testing and treatment** (health insurance)
- **regular training for professionals** (HBV/HCV vaccination/treatment, hygiene interventions)
- **regular medical screening for employees of DCRs**
- **hazard analysis and development of checklists and hygiene plans**

Challenges running Hepatitis prevention at DCR Niddastr.

- no exclusive funding for HCV/HBV prevention
- by now lacking of a stable cooperation between DCR Niddastr. and infectious disease specialists or internal specialists testing and treating HBV/HCV – (we have this in our other facilities)
- transferring Hepatitis prevention trainings in daily practice
- missing of systematic evaluation of the effects of Hepatitis prevention at DCR Niddastr. and in Frankfurt

Any questions?





Thank you very much for your attention!

Gabi Becker, IDH e.V. Frankfurt

g.becker@idh-frankfurt.de

www.idh-frankfurt.de